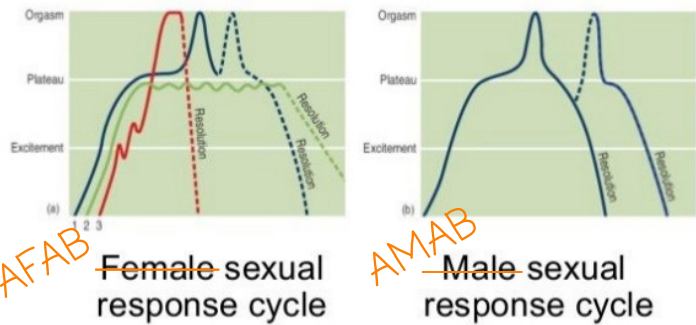


# Orgasm Facts!

(FOR VAGINA OWNERS)



## Human sexual response cycle Masters and Johnson (1966)



did you know there are **\*three\*** basic patterns of orgasms that people with vaginas have? <sup>2</sup>

the first pattern is what you typically see in books or movies- it includes arousal, orgasm, and either cycles back to arousal or ends and recovery begins

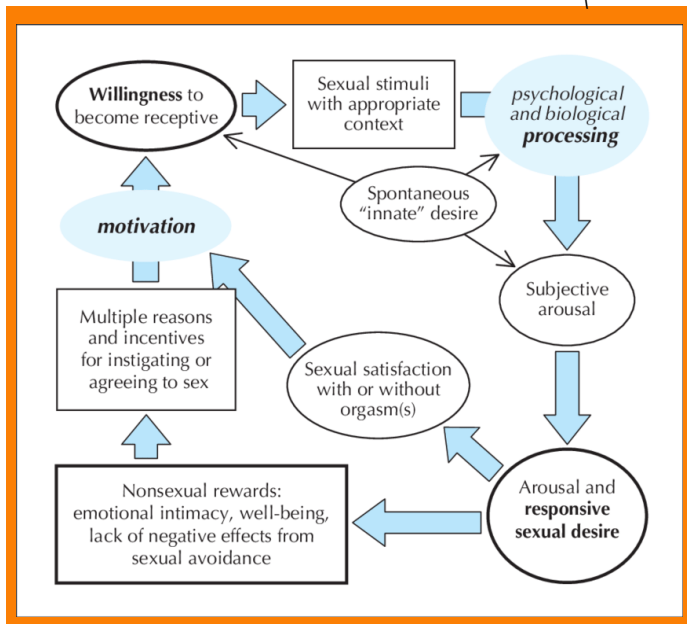
the second pattern is more like a series of mini-orgasms rather than one big one

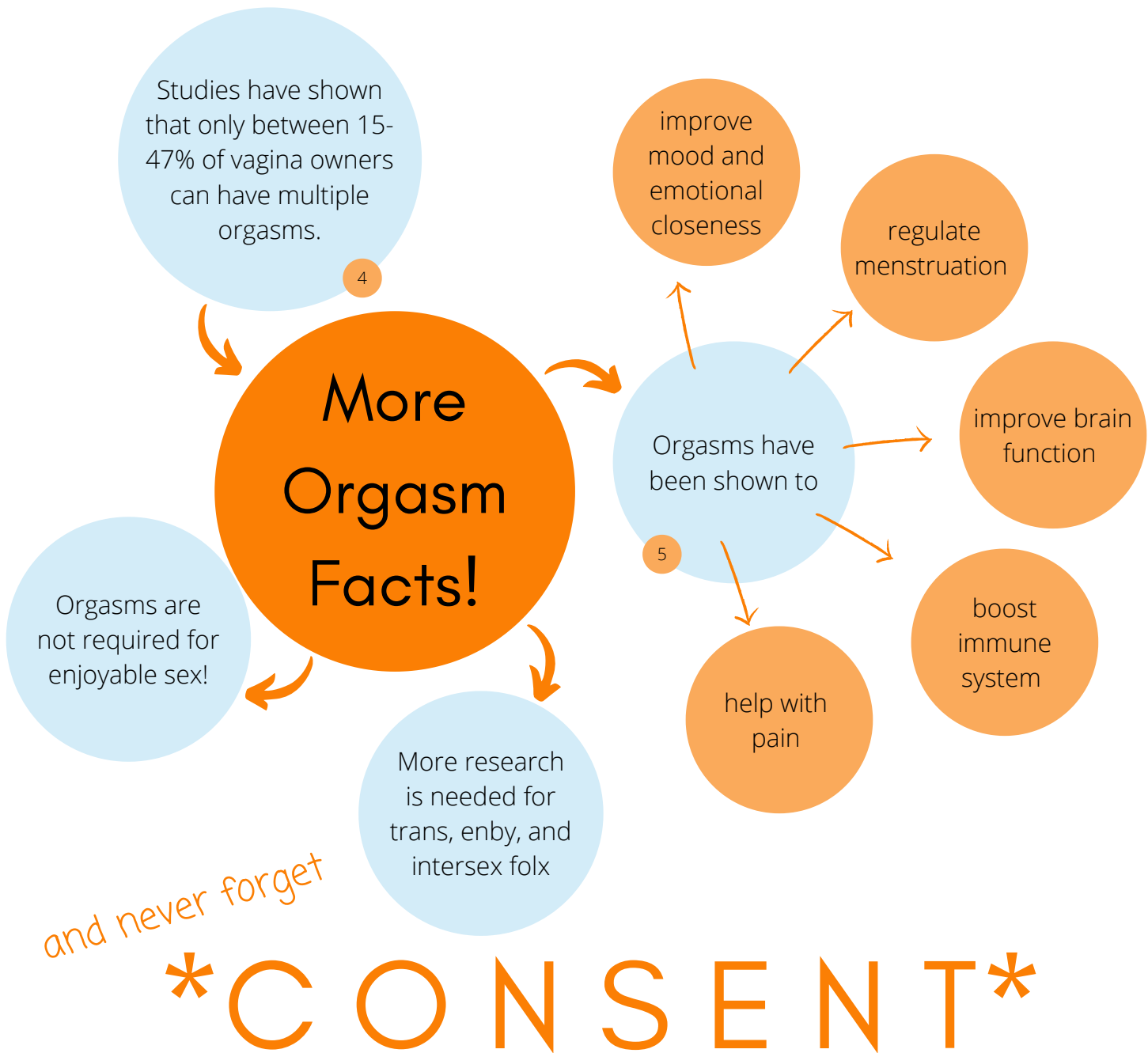
The third pattern is very "male" in that there is no cycling back to arousal and instead the body goes into a long refractory period during which arousal is not possible.

In 1966, researchers William H Masters and Virginia Johnson, studied the physiology of orgasms in depth and created the first and most well known model of the sexual response cycle.

Masters and Johnson never studied things like desire or emotional factors. They also only studied sex through a heteronormative and phallogentric lens, assuming orgasm was the "point" of sex.

So in 1999, Rosemary Basson came up with a revised model of the sexual response cycle that attempted to account for these oversights.





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